



THIS WEEK

Café 300

Week of October 27th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- NEW GRILL SPECIAL FROM THE BURGER COMPETITION (Oct 27th.–Oct 31st)
- Fall Them Cut Out Cookies

UPCOMING:

- ENTER THE OCTOBER TRIVIA GIVEAWAY

WEEKLY SPECIALS

Deli FLIK Chicken Bacon Ranch

Grill Bridget Thomas Pepper Bacon Jam Burger

Taqueria Smoked Red Paprika Tilapia

Grab Smoked Salmon Bento

Soup Cream of Tomato Soup
Chicken Orzo Soup

Tuesday & Wednesday

Italian Heritage Month

Chicken Vesuvio, Eggplant Gateux, CousCous Pilaf, Lemon Tomato Rice, Roasted Zucchini & Squash, Lentil Salad, Kalamata Olives, Focaccia Garlic Bread

Italian Inspired

CHEF'S TABLE

HOURS

Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

Lunch 11 AM – 1:30 PM
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF OCTOBER 27TH 2025

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Friday)

Walk up and order one of our FLIK Favorites or build your own smoothie
NEW Smoothie for Breast Cancer Awareness Month (Pink Power Blend)

ARBOR (Monday-Friday)

Self-serve weighed hot breakfast buffet with new selections daily
Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station
Breakfast Biscuit Bar

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Friday)

Self-serve weighed hot lunch buffet with new selections daily
Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station
Pasta Bar

Come celebrate Italian Heritage Month with us!

Limited Time Offer 3 PM – 4 PM

APRES (Thursday)

Halloween Theme: Trick or Treat Yourself